





#### Pre-conference 2023 Dublin

## A guideline to the European Health Data Space language based on health literacy principles



Wicklow Hall 1 | Wednesday 8 10 November 2023 | 09:00 to 12:30 h

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#### Health literacy and human





Andrew Pleasant 1962 - 2022



Jürgen M. Pelikan 1940 - 2023









#### Objectives

#### **EHDS**







- To bring awareness to the changing environment and concepts due to digital transformation
- To discuss concepts and terminologies that are in the EHDS regulation
- To form a bridge between citizens and researchers
- To provide practical recommendations to professionals on how to improve the health literacy of citizens







#### Agenda

9:15-10:00 Two presentations by Kristine Sørensen and Mienke Schutte
10:00-11:30 Working groups to discuss EHDS concepts
10:30-11:00 Coffee and networking break
11:30-12:00 Presentations from the working groups
12:00-12:20 Presentation by Tina D. Purnat
12:20-12:30 Closing remarks
12:30-13:30 Networking lunch





#### What is EHDS?





#### **EUROPEAN HEALTH DATA SPACE**

#EUDigitalHealth

#### **OBJECTIVES**

- Empower individuals through better digital access to their personal health data; support free movement by ensuring that health data follow people;
- Unleash the data economy by fostering a genuine single market for digital health services and products;
- Set up strict rules for the use of individual's non-identifiable health data for research, innovation, policy-making and regulatory activities.

Better
diagnosis and
treatment,
improved
patient safety,
continuity
of care and
improved
healthcare
efficiency



relevant health

data

Electronic health records

Health data from apps and medical devices

Health data in registries

Assist policy makers and regulators in accessing relevant non-identifiable health data

Facilitate access to non-identifiable health data for researchers and innovators Better health policy, greater opportunities for research and innovation

#### **GROWTH POTENTIAL OF THE HEALTH DATA ECONOMY**



#### 5.5 billion €

In savings for the EU over ten years from better access and exchange of health data in **healthcare** 



#### 20-30%

Additional growth of the digital health market



#### 5.4 billion €

In savings for the EU over ten years from better use of health data for research, innovation and policy making





#### **Benefits**



#### As a citizen

- You will have control over health data:
  - You will have access to your health data in electronic form immediately and without any cost.
  - You will be able to share your data with health professionals nationally or crossborder.
  - You will be able to add information, rectify errors, restrict access and obtain information on how your data are used.
  - You will have a right to health data, issued and accepted, in a common European format
- · Your security and privacy will be ensured
  - Researchers, industry or public institutions will have access to health data only for specific purposes that benefit individuals and society.
  - The researcher, industry or public institution may only access data that do not reveal the identity of the individual.
  - The data may only be accessed and processed in closed, secure environments.

#### As a health professional

- You will have faster access to patient's health records, including across borders.
- You will have easier access to health records from different systems, greatly reducing the administrative burden.



#### As a researcher

- You will have access to large amounts of health data, of higher quality, in order to carry out research.
- · You will be able to know what data is available, where, and of what quality.
- · You will be able to access the data cheaper and more effectively.

#### As regulators and policy-makers

 You will have easier, more transparent and less costly access to non-identifiable health data for the benefit of public health and the overall functioning of healthcare systems and to ensure patient safety.



- Thanks to standardization, you could more easily enter into new markets for electronic health records in other Member States.
- You will benefit from the greater availability of non-identifiable electronic health data, enabling the use of data for innovation.







#### **Benefits**



#### As a citiz

- You will have an data:
  - You will have access to your health without any cost.
    - Il be able to share your da

informatic

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#### As a health professio

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**Applying** 

## Health

## Literacy

principles to

EHDS



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#### Joint the Network



Fri 10<sup>th</sup> | 14:00-15:00 JTN21 - Health literacy initiative Liffey Meeting Room 2



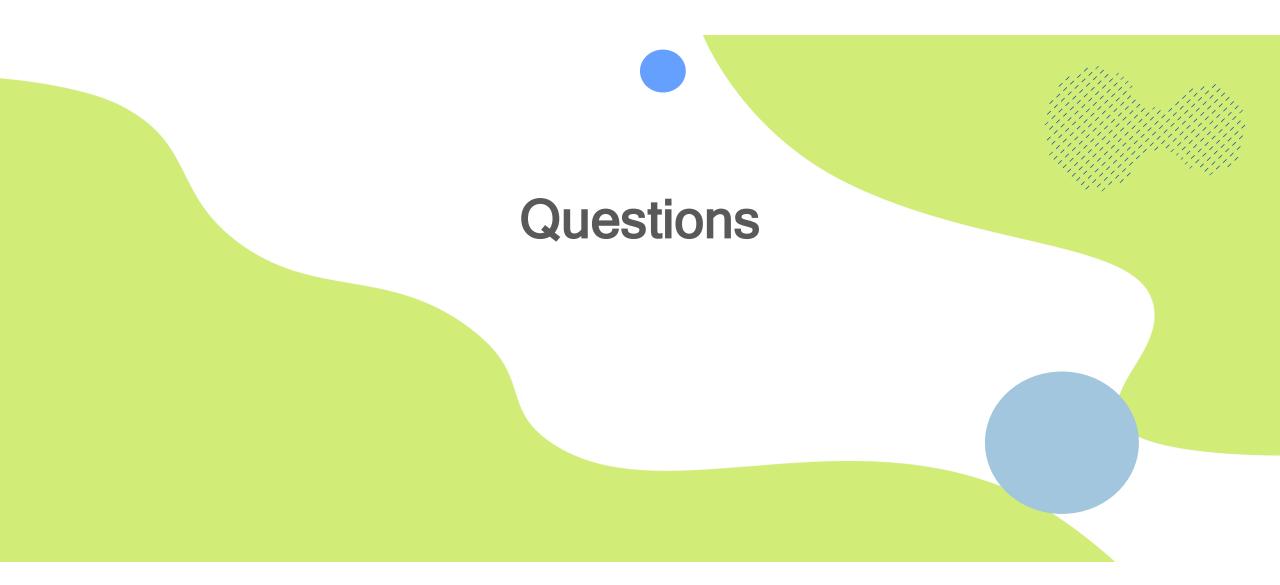
Fri 10<sup>th</sup> | 14:00-15:00 JTN22 - Public health monitoring and reporting - Wicklow Hall 2A













## BUILDING A EUROPEAN HEALTH DATA SPACE

Dr. Nienke Schutte
EU health information system unit Sciensano

#### Sciensano's EU Health Information System Unit

Aim: to facilitate the secondary use of health information for research and evidence-informed health policies



Nienke Schutte



Miriam Saso

**BY-COVID** 



Shona Cosgrove



Charles-Andrew Vande Catsyne



Iris Van Dam



Sasha Milbeck



Pascal Derycke



Barthélémy Moreau de Lizoreux















#### A European health data space (EHDS)

The collection, access, storage, use and re-use of health(care) data present specific challenges that require a regulatory framework that best serves individuals' interests and rights.

→ The creation of a European Health Data Space

#### OBJECTIVES

Timely and simplified exchange of and access to health data

#### SCOPE & EXPECTED IMPACT

- Use of health data (primary)
- Access and control of patient over their data & exchange of health data (incl. cross-border) for healthcare provision
- Digital health services and products (including telehealth and m-health);
- High quality & safe healthcare provision

- Re-use of health data (secondary)
- Research, innovation
- Policy and regulatory decisions

Facilitated research & innovation
Data-enabled policy-making

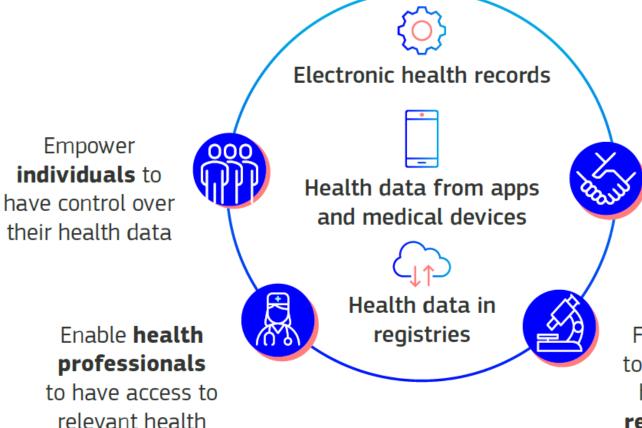




#### A European Health Data Space (EHDS)

data

Better
diagnosis and
treatment,
improved
patient safety,
continuity
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healthcare
efficiency



Assist policy
makers and
regulators in
accessing relevant
non-identifiable
health data

to non-identifiable health data for

researchers and innovators

policy, greater opportunities for research and innovation

Better health

Provides rules, common standards and practices, infrastructures and a governance framework for the use of electronic health data for healthcare, research, innovation and policy making

#### The EHDS proposal: chapters

1.I: General provisions

II: Primary use of electronic health data

III: EHR systems and wellness applications

IV: Secondary use of electronic health data

V: Additional actions

VI: European governance and coordination

VII: Delegation and Committee

VIII: Miscellaneous

IX: Deferred application and final provisions



#### EHDS1 and EHDS2

#### **EHDS1 – Primary use**

Processing of personal electronic health data for the provision of health services to assess, maintain or restore the state of health of a person

Patient summaries, electronic prescriptions, electronic dispensations, medical images and image reports, laboratory results; discharge reports

**MyHealth@EU**: infrastructure to facilitate crossborder exchange of electronic health data

Access of natural persons to their health data

Self-certification scheme for EHR systems

#### **EHDS2 – Secondary use**

Processing of electronic health data for reasons of public interest, produce statistics, research, education, innovation activities

Health data from patients and healthcare professionals, other research data, all types of health data

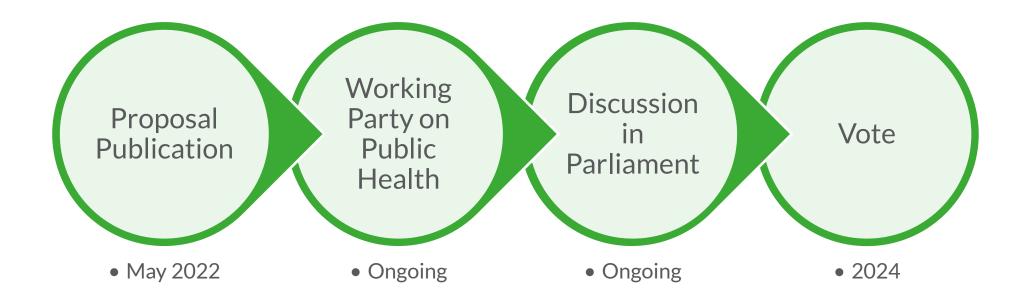
**HealthData@EU:** infrastructure connecting national contact points for secondary use of electronic health data and the central platform;

Duties and obligations of the health data access body, the data holders and the data users

General provisions on transparency of fees calculation.



#### **Timeline**



The infrastructure for primary and secondary uses of health data should be operational earlier to enable the onboarding of all Member States before this Regulation becomes fully applicable.



#### **Expectations from stakeholders**

Results from health information system assessments in 12 countries in Joint Action TEHDAS



Towards European Health Data Space

- Political will to join the European Health Data Space
- Concerns with regards to capacity; more staff with technical/legal expertise
- Maturity level of (national) health data management systems differ: countries need different roadmaps for implementation
- Different interpretations of GDPR
- Currently specific national legislation for secondary use of health data
- Diverse, lengthy and sometimes nontransparent access procedures



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#### Plain language is communication your audience understands the first time they read it or hear it.

#### Organize to serve the audience

- Know your audience and purpose before you begin.
- Put the most important message first.
- Present other information in order of importance to the audience.
- Break text into logical chunks and use headings.

#### Choose words carefully

- Write in the active voice.
- Choose words and numbers your audience knows
- Strive for an average of 20 words per sentence. Limit each Make information easy to use sentence to 1 idea.
- Limit paragraphs to 1 topic and 5 sentences.
- Use "you" and other pronouns.

#### Make information easy to find

- Use headings and text boxes.
- Delete unnecessary words, sentences, and paragraphs.
- Create lists and tables, if appropriate.

Make information easy to understand

Make information easy to evaluate







Family Name	First Name Gro	up
Bartnicka	Joanna Julia	1
Macedo Silva	Anabelle	1
Goss	Hannah	1
Smith	Craig	1
Belfrage	Samantha	1
Prajapati	Nirmala	2
Bakker	Mark Matthijs	2
Tolonen	Hanna	2
SAWAYA	Melissa	2
Derycke	Pascal	3
Palantza	Christina	3
Bonigut	Matthias	3
Von Rueden	Ursula	3
Somekh	David	3
García Sanz	Patricia Julia	4
Aguilera-Cobos	Lorena	4
Guðmundsdóttir	Ingibjörg	4
Murray	Elaine	4
Mathieu-Mendes	Agnès	4
Hussey	Pamela	5
Purnat	Tina	5
Kirchhoff	Sandra	5
Schulenkorf	Tessa	5
Alexandra	Fretian	5

LESSONS FROM
TRUSTBUILDING
AHEAD OF
EMERGENCIES FOR
TRUSTBUILDING FOR
EHDS

TINA PURNAT

**EUPHA Annual Conference 2023** 





# Building trust and confidence requires timely and consistent words, actions and interventions.



access to health services
access to health information
trust in health system, health workers and recommended health behaviors



experiencing practical, social and economic barriers to following health guidance

historically low levels of trust across all dimensions

sometimes follows health guidance that is practical and reasonable to follow

changing trust over time

consistent trust

follows health guidance

## Effective social and behavior change in health includes two components



drivers at a bar

## Social marketing for health

social norming = make it easy, sexy and fun



Environmental restructuring/ supportive policy



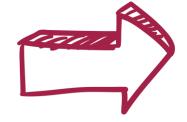
vaccine confidence visible with nurses wearing buttons that say they are vaccinated



paid time off for vaccination, education on vaccine benefits, and easy access to vaccinations at or near the workplace



HIV status visible on dating apps



tax breaks or subsidies for bars that participate



offering condoms and sanitary products for free in bathrooms

promoting free soft drinks for designated



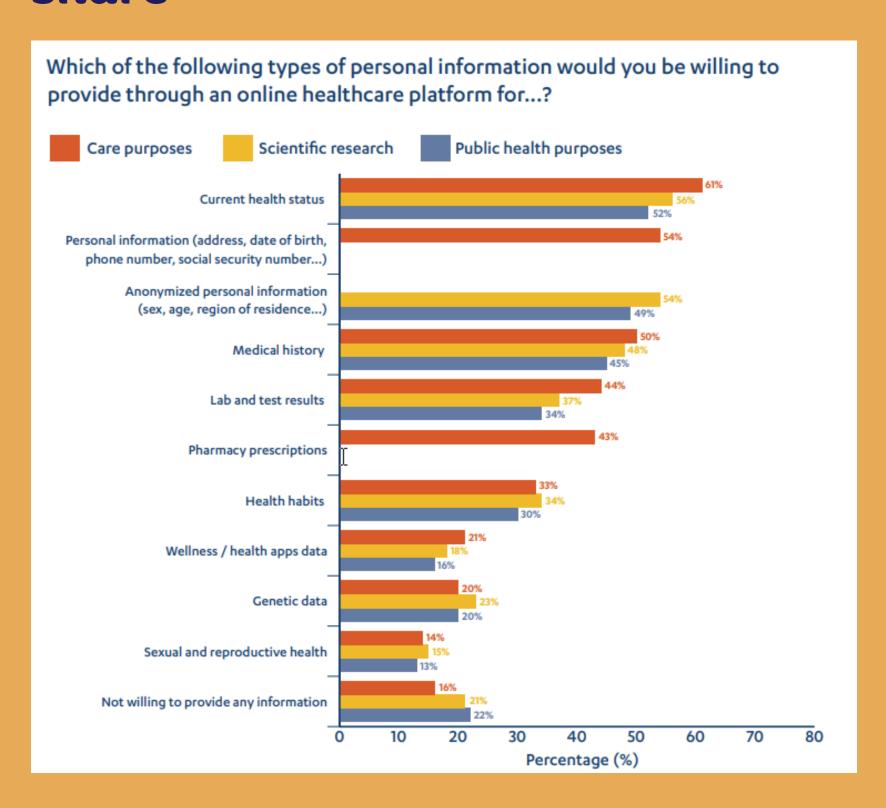
building codes, and regulations require public buildings to include diaper-changing facilities; guidelines support implementation

making diaper tables standard in men's restrooms





## People are very selective about the health data they are willing to share





for care purposes (61% are willing to share)

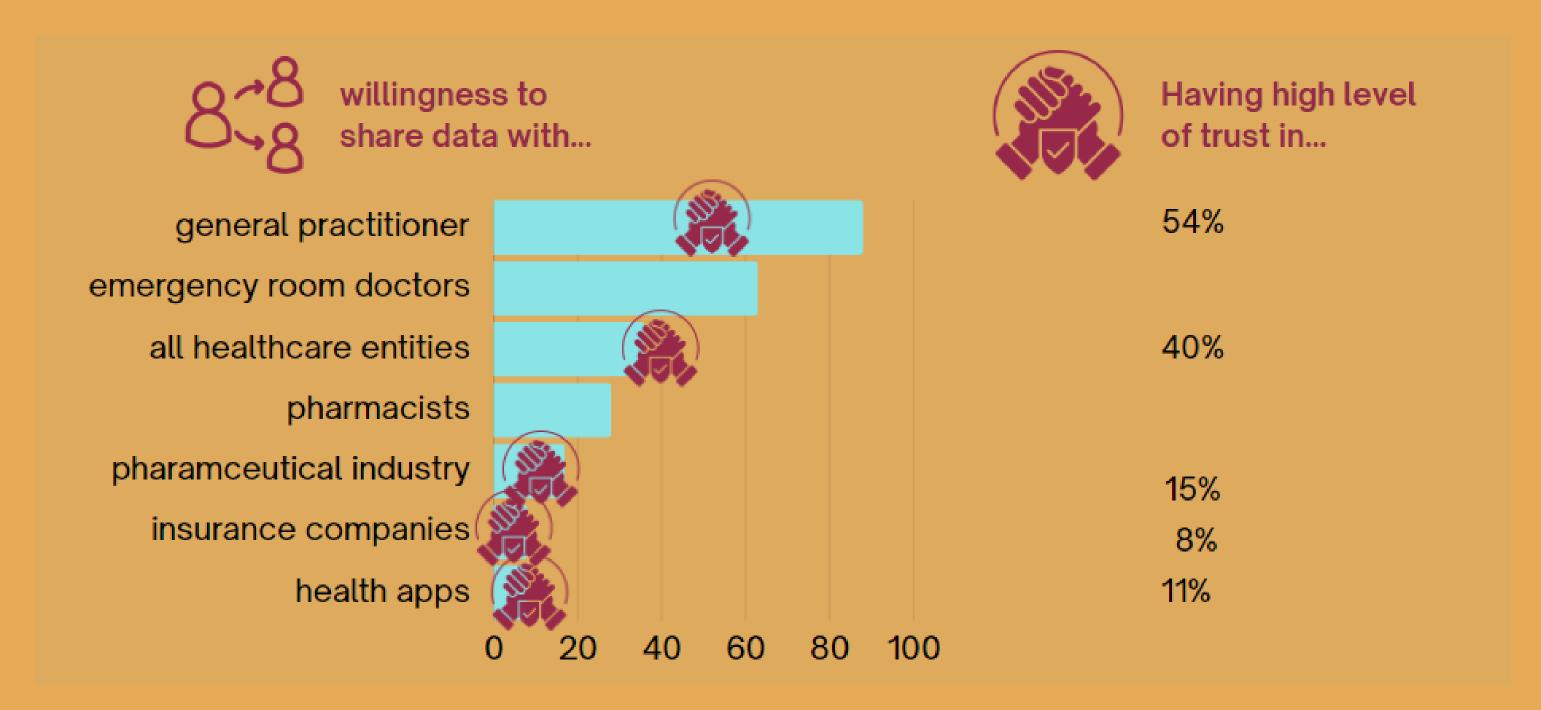


health habits (33% and 30% are willing to share)



genetic data (23% and 20% are willing to share)

## Willingness to share data depends on level of trust placed in the receiving entity and how close that entity is to the direct provision of healthcare.



## There's a gap between intent and action --- people want to choose what happens to their data, prefer to opt in to share their health data, but their privacy settings today do not reflect that.



81% prefer to chose which data, to whom and for what purpose

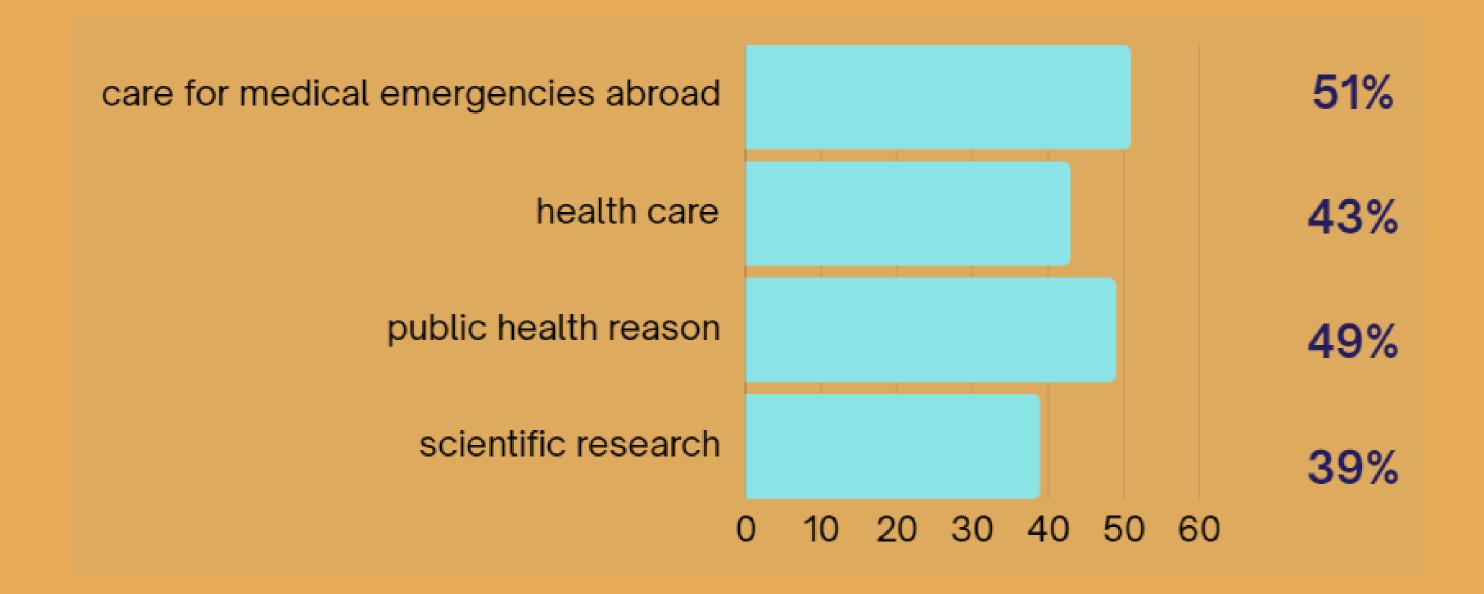


>50% want data accessible only after explicit consent is given



41% haven't taken any actions to limit privacy

#### Consumers are split about sharing their data across borders of the EU.



## People can see benefits, but also have concerns when they share their health data electronically.



## Benefits from sharing data

new or better diagnostic systems (39%)

treatment access across the EU (32%)

easier access to health records (32%)

better medical followup (30%)

no benefit (7%)



## Concerns about sharing data

data theft (44%)

unauthorized access (40%)

unauthorized use (39%)

refusal to insure or higher insurance rpremiums (27%)

no concerns (3%)

### EU health data space impossible without trust, Commissioner says

By Giedre Peseckyte | Euractiv.com 🕓 Est. 6min

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No	Lead	Recommendation	Timeframe
1	MS, EU jointly	Engage all the stakeholders (citizens, professionals as well as policy makers) at all levels and throughout the process of implementation of the EHDS to ensure understanding and support to the secondary use of health data.	Short
2	MS	Develop strong and effective citizen communication around the secondary use of health data, including use cases demonstrating the added value for all stakeholder groups.	Short
3	EU	Support exchange of best practices regarding effective communication and awareness raising strategies that lead to increased understanding and acceptance.	Medium
4	MS	Prepare for measures and communication in situations where problems have occurred in the use of health data despite all safeguards and precautions.	
5	EU	Study the role and uses of social media, with the aim to reach all citizens, to visualise uses and benefits of sharing health data in the EHDS2.	Medium
6	EU, MS jointly	Implement stringent tools to safeguard the data collected and to prevent any misuse, and strengthen cyber security.	Short
7	MS	Provide individuals means to understand where and how their data is used and provide options for individuals to manage better their health data.	Long

accountability

transparency

crisis communication

social media campaigns, awareness raising and effective communicatiom

#### Data altruism

Without voluntary data sharing by individuals, there will not be enough rich data available for research, innovation and decision-making.

Transparency, trust and citizen empowerment are crucial elements for public acceptance.



## Building trust and confidence starts with undertanding and addressing concerns and trusted messengers...

- address questions and concerns through communication, actions and policies
- address concerns and narratives among populations feeling vulnerable from sharing data
- work with health workers to build and increase confidence in secondary health data sharing and use
- participatory methods in undertanding confidence and barriers, building confidence and evaluating confidence

Front Med (Lausanne), 2023; 10: 1141685.

Published online 2023 Mar 30. doi: 10.3389/fmed.2023.1141685

PMCID: PMC10098212

PMID: 37064041

The application of data altruism in clinical research through empirical and legal analysis lenses

Teodora Lalova-Spinks, <sup>M 1, 2, \*</sup> Janos Meszaros, <sup>1, 2</sup> and Isabelle Huys <sup>1</sup>

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#### Results

Fourteen experts took part in the interviews, more than half of which were DPOs/legal experts. Interviewees were based in seven EU Member states and the United Kingdom. The majority of participants were critical towards the data altruism mechanism and pointed out challenges and risks associated with its application.

## .... but we will need to make health data sharing and secondary data use a social and workplace norm

Social marketing for health



Environmental restructuring/ supportive policy

social norming = make it easy, sexy and fun





- emphasize serving positive experiences of people with data linkage
- make data and secondary use projects as tangible to people as possible "I see the linked data", "I see purpose of public health and research"
- promoting digital, information and health literacy
- requiring researchers to look for existing data before more data collection
- develop strategies to promote workplace norms based on organizational psychology



# Thank you very much!

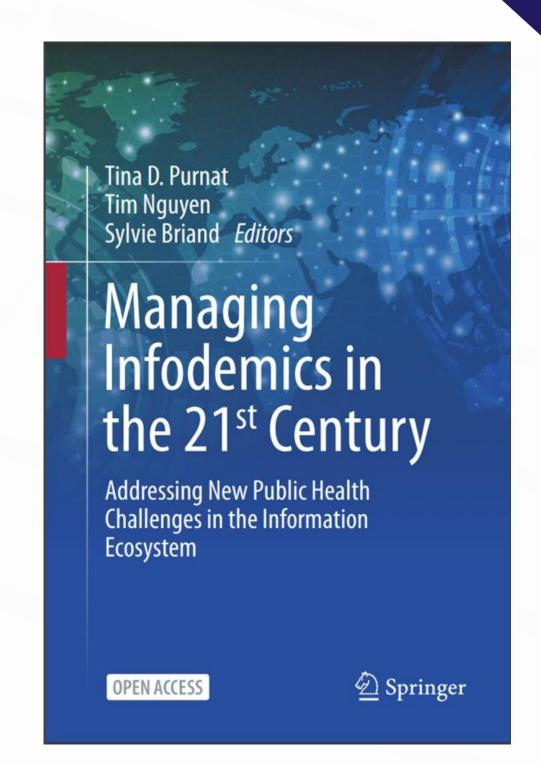


## Infodemic management

An **infodemic** is an overabundance of information, accurate or not, in the digital and physical space, accompanying an acute health event such as an outbreak or epidemic.

Infodemic management is the systematic use of risk- and evidence-based analysis and approaches to promote a healthier information environment and resilience against infodemic impacts on health behaviours during health emergencies.





## Challenges in the information environment need to be identified and adressed.



deceptive marketing in health



hyperbolic press coverage

#### infodemic

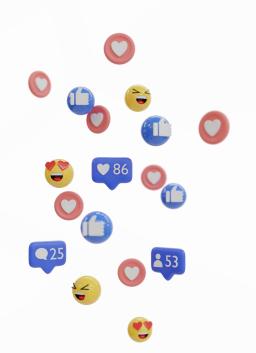
(unadressed questions, concerns, information voids, misinformation and hamrful narratives related to an acute health event)

health misinformation

publication of low quality scientific papers



subpar communication from health authorities









- Trust in policies and governance related to health care, supply, service delivery
- Asymmetries in demand for care and prevention
- Asymmetries in demand for supplies and health technologies



- Trust in health workers;
   doxxing and harassment
- Health worker own confidence in products and services, in own knowledge about guidance and information



- Risk perception of disease
- Trust in and acceptability of recommended behaviors and public health and social measures
- Trust in, safety and acceptability of devices, diagnostics, treatments and vaccines
- Social cohesion

## Strategies for building trust in communities



Listening to questions, concerrns, and circulating narratives



**Communicating science** 



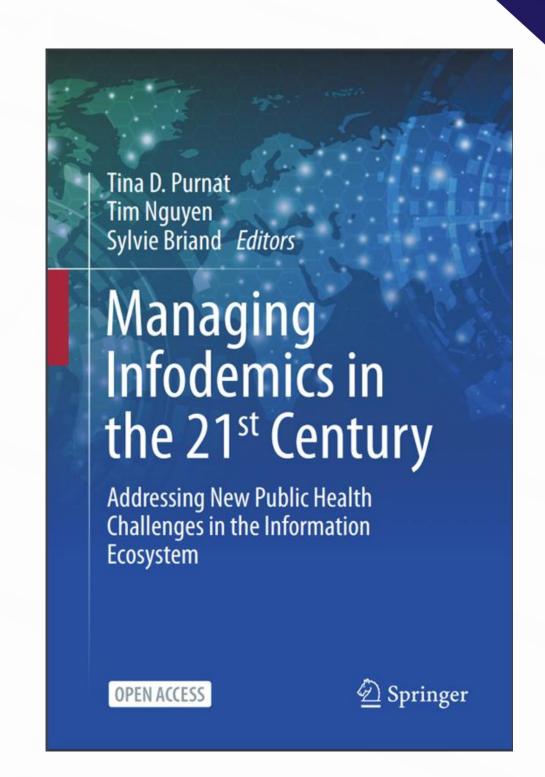
Promoting resilience to infodemic/ confusion/ misinformation



**Empowering communities** 







### Trustbuilding strategies



Increase linkage between health system and communities



Increase linkage between health workers and patients



promote confidence and uptake of recommended behaviors among health workers



promote health, digital, information, science and media literacy



listen to questions and concerns and address them through words, actions and interventions



involve communities in policymaking so they are reflected in policies and are partners in implementation