Monitoring COVID-19 related changes in mental health in Europe

# Possible Responses – The JA ImpleMENTAL

Alexander Grabenhofer-Eggerth - Gesundheit Österreich GmbH (GÖG), Austria EUPHW 2022, 19th May 2022







## Monitor changes and react

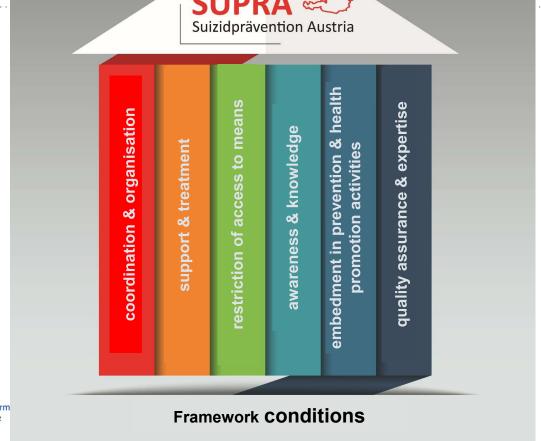


- Austria involved in **PHIRI** and the EU **Joint Action ImpleMENTAL**
- Aim: roll out of best practice models in mental health (Belgian mental health care reform and **suicide prevention programme from Austria**) in member states
- > 17 States: Austria, Bulgaria, Croatia, Cyprus, Czechia, Estonia, Finland, Greece, Hungary, Iceland, Lithuania, Malta, Norway, Serbia, Slovenia, Spain and Sweden
- > 2021-2024
- https://ja-implemental.eu/
- Austria responsible for the work package on suicide prevention based on our programme SUPRA





6 columns







6 Columns/Strategic goals

18 operative objectives

70 measures

target sizes, indicators & responsibilities

https://ja-implemental.eu/austrian-best-practice-on-suicide-prevention-supra/



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#### Main objectives



- Main objective: <u>to develop and/or</u> (if already in place) <u>further develop</u>, <u>scale-up suicide prevention strategies</u> of participating countries comparable to SUPRA.
- no 1:1 roll-out of SUPRA but: taking into account the respective national/regional context, select specific elements of SUPRA and bring them to implementation



#### Tasks → Outputs



- record and assess the **current situation** in the field of suicide prevention in each country/region (SA) → country profiles
- assess resources (staff, budget, other) needed to address and implement prioritized activities (NA) → country profiles
- obtain **stakeholder commitment** for the establishment (or further development) of a national/regional strategy including steps to promote increased awareness for SP → working groups / advisory boards
- promote learning and cross-country exchange on methods, tools, practices and experiences →
   SP strategies
- Support capacity and competence building of stakeholders → trainings
- Support the sustainable establishment, improvement and expansion of suicide prevention services → by adaption and pilot implementation of SUPRA



### Take home message



- If you are interested in the **trainings** provided during the Joint Action ImpleMENTAL in your country contact your competent authority:
- https://ja-implemental.eu/participants-2/



# Thank you for your attention!

**Any questions?** 

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